

Welcome to June at Digby Manor

As we welcome the month of June, we are enjoying some beautiful warm weather and plenty of sunshine. Our residents have been making the most of our lovely outdoor spaces, whether relaxing in the garden, enjoying fresh air with friends and family, or taking part in outdoor activities.

With the hotter days arriving, we would like to remind everyone of the importance of staying safe in the sun. Please remember hats, light clothing, and sunscreen when spending time outdoors, and keep hydrated throughout the day. Staff are always on hand to support residents in staying comfortable during the warmer weather.

June also brings a very special celebration as we look forward to holding our very own indoor street party in honour of the King's Birthday. Residents and staff will enjoy music, decorations, delicious treats, and plenty of patriotic fun together. We are all very excited for what promises to be a wonderful afternoon of celebration.

We would also like to extend a very warm welcome to all of our new residents who have recently joined the Digby Manor family. We hope you will be very happy here and look forward to getting to know you over the coming weeks.

As always, thank you to our families, friends, and staff for your continued kindness and support. We hope everyone enjoys a happy, healthy, and sunny June!



Oral Health Champion



Karen has produced a lovely poster and hand outs for the staff to ensure they keep on top of their training with the importance of Oral Hygiene. She also worked with the residents to produce a display board.



As you can see, the residents worked hard to produce a remembrance and celebration display for 'VE Day'. They also enjoyed a little entertainment. From the D-Day Dollies.



Mo loves a photo opportunity!!



Val disappears into her art work and somehow leaves a little magic behind!



D Day Dollies



Everyone loves to dance when they hear some music!

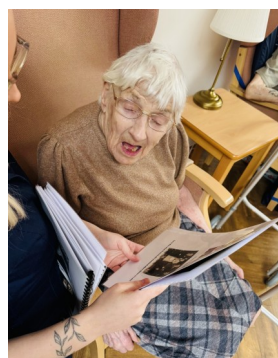


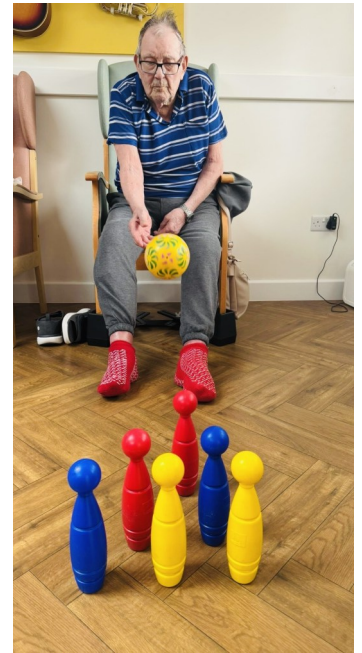
The D-Day Dollies brought wonderful music, nostalgia, and joy to our residents as we celebrated VE Day together



Reminiscing

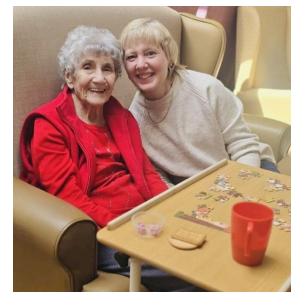
Reminiscing is so important for our residents, bringing comfort, connection, and treasured memories that help spark joy and meaningful conversations. We have named memory boxes for loved ones to bring in photos, letters, poems etc or anything which means a lot to our residents which they can bring out from time to time and lose themselves in fond memories.





More reminiscing and chatting about the war.

Thanks Mo for keeping them herbs watered!! Dinner will taste nice.



Memories made with friends



The ladies have enjoyed some flower arranging to brighten up the home.



Needs more water I think Val!!



Armchair exercise



Thank you to Karen for taking this exercise class. Aswell as being fun and social it also helps with staying active, keeping good circulation & improving mobility.



Come on Doug get them higher!

National Doughnut Day



Holy Communion



Father from St Peter and Pauls came to give our residents Holy Communion.

He kindly stayed to chat with them for a while.





Smoothie Making

Residents enjoyed making their own fresh fruit smoothies, encouraging independence, creativity, and healthy choices in a fun and social activity.



CCTV



As our building continues to grow and expand, we will be installing CCTV cameras in the communal areas during July. This is being introduced to help maintain a safe, secure, and welcoming environment for everyone in our community.

If you have any questions or concerns regarding the CCTV installation, please feel free to come and speak with us in the office.

Birthdays we have celebrated



Bernie and Mo both enjoyed celebrating their Birthday's last month.



Happy

Birthday