

Hello everybody! We have had a relatively quiet January, with us all getting over the hype of December's events, but we have continued to enjoy our time together as our photos will show...

Toiletries

Firstly, I would like to touch on a little bit of house keeping. Please can we request that you restock the toiletries for your loved ones. We are having to purchase these items for our residents so that they have a supply. Please note, we discourage the use of soap bars, as they can store bacteria.



Wardrobes

Wardrobes are becoming too overfilled with new items coming in. Can you please sort through your loved one's wardrobe and take out any clothes that do not fit or any older clothes that are no longer needed. When the wardrobes are overfilled, the clothes do not hang well and crease up, preventing our residents to look well presented.

Recruitment

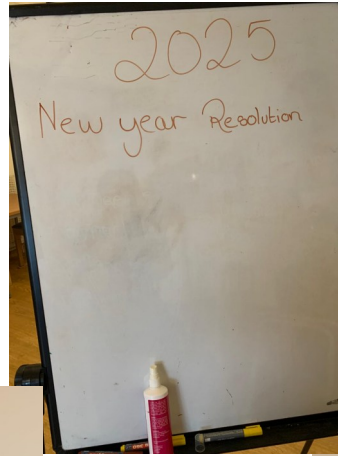
We are currently recruiting in all areas within Digby Manor, so you will see new faces. Please join us to welcome and embrace the new recruits and help guide their development in showing the true values of Digby Manor.



New Years Resolutions



'To have a pint of cider' from Maureen. I don't blame you!!



Hazel would like more chocolate. Wouldn't we all !!

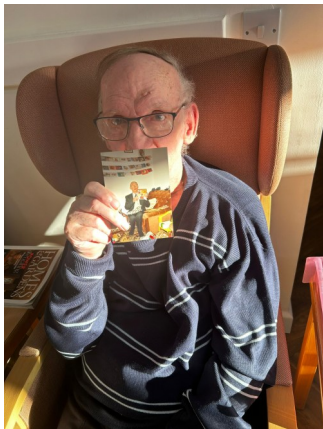


Beryl and Roy want to be kind and live life.

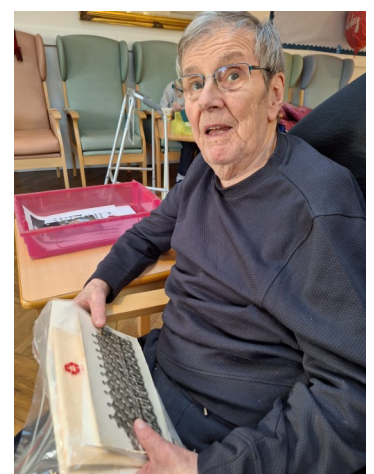
Great idea both!!



Memory boxes



Memory boxes are a great way for the residents to reminisce and talk about their lives and their memories. They also help to stimulate minds and promote memory skills. Barbara and David were very engaged with their photos. It's a pleasure to see.



As you can see, our residents really enjoy themselves when Millie Rose comes to entertain. It was so lovely to see everyone get involved. I think Jane had the most fun!! Beryl and Mario seemed in their element. It was good to see Brenda enjoying listening to the music and the fun. Everyone loved having a boogie and having fun with the ribbons and the musical instruments.

Millie Rose





A variety of activities
that we have enjoyed
together.

Conversation cubes are a great tool. They encourage our residents to choose topics of conversation and to engage and reminisce along the way. Sharing events and activities with others.



I think some of the conversations that took place using the dice were unrepeatable!! Aye, Maureen and Hazel? Lots of giggles were had during this activity.



Playing cards is another activity that is enjoyed by many, either in a group or as an individual who wants to challenge themselves!!



Baby Emmi looks very comfortable with you there, Jean.



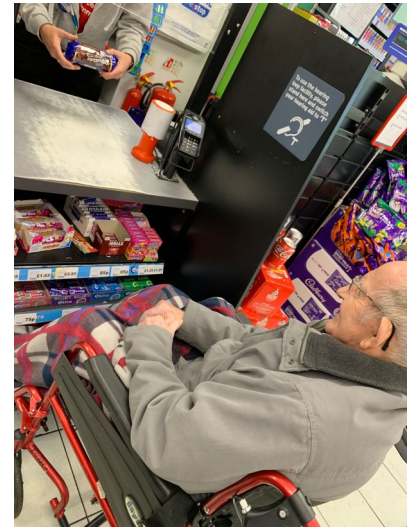
Art work is a lovely pastime to allow our residents the freedom to be creative. Beryl and Roy both took their time to create their own pieces of art, which as you can see, turned out very well!



Community visits



Jean and Denis had a nice walk down to the local shop to buy some sweets to munch on. They each chose what they wanted.



We were contacted by a lovely lady, Elaine, who's brother was a prolific knitter and had created several unique blankets which he wanted to donate to Care Homes. We had several to choose from and eventually chose this original design created by RU. We would like to thank Elaine who contacted us on RU's behalf and, of course, RU himself who made this wonderful blanket. Our residents all love it. Thank you!

Birthdays



We would like to wish both Jean and Barbara, who both recently celebrated their birthdays, a very 'HAPPY BIRTHDAY!!'

