

Digby Manor

RESIDENTIAL CARE HOME

Welcome to December's Newsletter 2024

Edition No. 80

Ally
so
far...

Update with Ally. So far it has been in use for 2 weeks and we have viewed the information that it has picked up on. The data shows us that for several residents, we were checking them and delivering no care, as they were soundly asleep or just disturbed by our checks. The monitors have picked up all the sound and motion that goes on in the rooms. It has also picked up on the amount of time the staff were with the resident delivering support. This has enabled us to adjust the scheduled checks for some residents and reduced them to 2 hourly. This allows them more settled sleep and less disturbance from staff. We are still getting used to it and we will continue to review regular.

Christmas is coming

Christmas card making

*Karaoke with Nicky and Jane!!!
(God help us!)*

*Christmas Party... Remember
to bring plenty of money for
the tombola and raffle!*

Christmas Jumper day

Millie Sophie Rose will be singing

Santa will be visiting!

Paper chain making

Christmas Games

Catole singing

Count down to Christmas sing a long

Some of the events we will be hosting over the Christmas period. You are more than welcome to join in with us and have some fun!

Toiletries

Can we please request that you refill your loved ones toiletries. We seem to be having a shortage for our residents. They will need body wash, tooth paste, shampoo/conditioner and denture tablets. Keeping these items topped up is important for your loved ones health and well being. Thank you.



Please remember

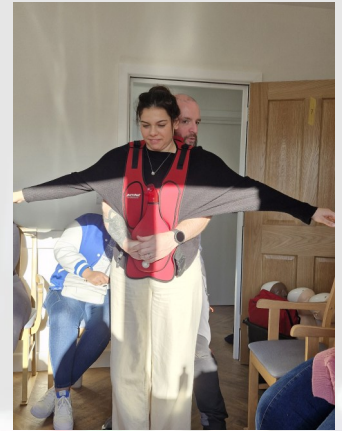
It's a generous and thoughtful gesture to offer sweets around the residents, but unfortunately, not every resident is able to eat certain sweets because of swallowing issues or dietary requirements. So please, before you offer any sweets or treats to anybody, can you please ask the staff first who can and who cannot have them. Thank you.

Labels

As Christmas is coming, we look forward to opening presents and seeing what gifts we receive. Equally, we are aware that new clothes without labels may get caught up in the laundry if they do not know who they belong to. So, it is very important for name labels to be on them before wrapping. This would help the garment stay with the right person. Thank you.



Training Day



Over a 3 day period, all staff have completed the practical face to face mandatory training with Luke and his team from LUPE TRAINING provider. We had a very fun and informative few days learning new techniques and trying out all the equipment. Staff learnt more about how our residents feel when they use the equipment themselves. They all had a go having a sling put on themselves and being hoisted using the correct manual handling of people procedures. All staff had a go at providing first aid and CPR on Annie and also using a defibrillator. As you can see above.....Isabel looks like she is auditioning for a role in the TITANIC!!! But in actual fact, she is wearing a body apron and being taught the correct way of handling a person who is choking. We also enjoyed the practical side of using a fire extinguisher. I think they were over excited and forgot to point the nozzle to the base of the fire!!

Along side manual handling of people and objects, first aid and fire hazards and extinguisher training, we also had face to face training for safeguarding.

D-Day Dollies

What a performance!

In celebration of the National Service of Remembrance, we invited the D-Day Dollies to come and entertain us. We had great fun listening to their beautiful voices and songs. As well as having a boogie ourselves!!



Lovely to see Brenda swaying to the music with Donna!



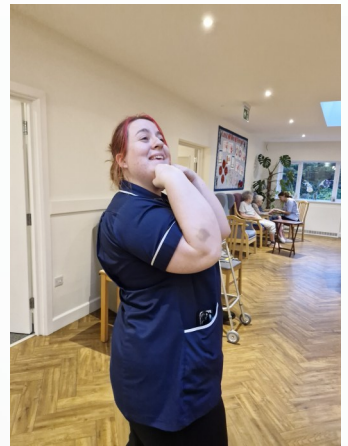
Millie thoroughly enjoyed herself!!



Activities we have enjoyed



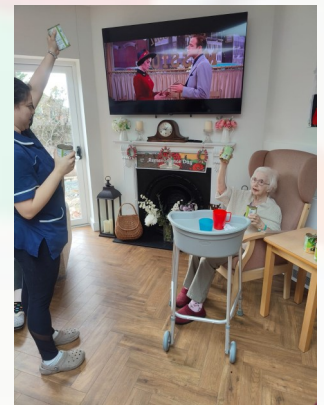
A bit of pampering for the ladies!!



Leah just loves her photo taken!!



A bit of exercise for David and Roy. Get those arms up Gents.

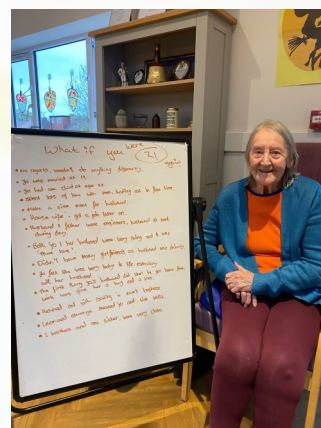


Those tins of fruit came in handy.



'What to do if I was 21 again?'

What a lovely way to reminisce and talk together



Far too many photos to fit in this month so we have chosen just a few.



Birthdays



Maureen celebrated her 83rd birthday. Happy Birthday!



Carole celebrated her 77th Birthday. Happy Birthday!



Brenda celebrated her 90th Birthday. Happy Birthday!



Farewell



We would like to say farewell to Margaret, who has gained her wings and will be sadly missed by us all.

