

Digby Manor

RESIDENTIAL CARE HOME

Welcome to November's Newsletter 2024

Edition No. 79

Ally

A new safety monitoring system, made by Ally Labs Ltd, to ensure all residents receive improved night-time assistance and quality of sleep.



All that is needed is a small box which will be placed in a prime area in each bedroom. This will monitor the whole bedroom. Not only will it detect any movement, but it will also get to know the individual's breathing pattern. If any abnormalities are detected for our residents, an alert will be sent via Nourish

to our Staff to check on them. This device, once established, will allow our residents to have a more restful sleep without being disturbed by staff manually completing hourly night checks. It will reduce the amount of times each resident will need to be checked. It will also reduce the number of falls through the night. The monitoring device will also reduce the need for sensor alarm mats, as these can be easily moved out of the way and the wires can be a trip hazard when not positioned correctly.

As you can see, the stats speak for themselves. Using the Ally devices reduce the need for regular checks by 65%, reduces falls by 63% and increases better sleep for are residents by 50% . Increasing their well being.



PROUDLY PRESENTS

THE D-DAY DOLLIES

REMEMBRANCE TOURS



"Lest we forget"

A special remembrance tour show
for the residents and guests of

Digby Manor

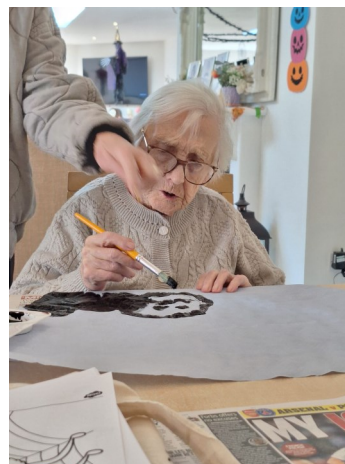
On Friday 8th November 2024

at 4.00 pm

www.miniconcerts.org

Tel. 01934 257237

Activities we have enjoyed



As you can see, we have done a lot of arts and crafts throughout last month and we have done two super displays. We have also decorated the walls and windows. We love to decorate and celebrate the Autumn months and Halloween. It's a wonderful time of year. Our lovely residents created some beautiful work.

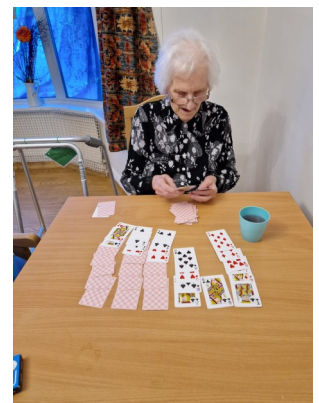




Get them eyes working Barbara!



Dawn enjoys her sweets off the trolley!



As you can see, there is a variety of activities that go on at Digby Manor. They may be group activities or individual activities, but they are all enjoyed and are a great form of stimulation. It's great to showcase participation, where the residents can socialise with each other and form friendships.



Ruth does like a game of cards. Solitaire is a favourite!



Roy working towards our display for Halloween. Thank you Roy!!



Dietry Requirements



All visitors—can you please be mindful when you are offering out sweets to other residents. Not all residents can have them, as they have dietary or swallowing issues. Please ask a member of staff first. Thank you.

Gentle Reminder



This time of year, some of our residents may get new clothes leading up to and for Christmas. Can I please remind you that all clothes will need to be labelled, as it is very hard for staff to identify new clothes and who they belong to.

Happy Birthday



A big happy birthday to both Maureen and Roy, who both celebrated their birthdays in October.



Up and coming Events



A little reminder of the up and coming events during the Christmas month. You are very welcome to come and join in with all events. Please remember for the Christmas meal and the Resident's party, we will need numbers of who will be attending, so that we will be able to cater for everyone. Please let the office know if you are able to attend any of the events.

There will also be a raffle of a hamper and a tombola on the day of the party. All donations will be gratefully received and fair warning to bring plenty of money!!! All money raised will be donated to the resident's activity fund.

We would like to thank all the relatives for their on going support of Digby Manor and all of our family.

MERRY CHRISTMAS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2 Decorate the Christmas tree	3 Millie Rose singing at 11.30 Pm – paper chains	4 Writing letters to Santa – am Pm- Christmas cookie making	5 Coffee morning Pm – Bingo with prizes	6 Paper chain making Pm Christmas games	7 Christmas Arts and Crafts	8 Christmas Movie
9 Christmas card making	10 Christmas carols and Mince pies	11 Mini Concerts Count-down to Christmas at 11.30	12 Christmas Cracker making	13 Christmas Karaoke with Jane and Nicky!!	14 Christmas party for everyone 12-2pm	15 Christmas Quiz
16 Christmas Arts and Crafts	17 Christmas Baking – am Christmas Bingo – pm	18 Christmas Coffee Morning	19 Christmas Jumper Day	20 Family Christmas Meal 12.30pm – with all the trimmings	21 Christmas Arts and Crafts	22 Christmas Movie
23 Santa visits at 3pm	24 Christmas Movie	25 Christmas Day	26 Boxing Day	27 Christmas Quiz	28 Board games	29 Memory Boxes
30 Exercise class to lose all that Christmas chocolate!!	31 Word association board					

